



Grossmont Union High School District



GROSSMONT-CUYAMACA  
COMMUNITY COLLEGE DISTRICT

Present



**October 8<sup>th</sup>, 2016  
at Cuyamaca College**

**College and Career Fair  
10:00am - 1:00 pm**

**College and Career Workshops  
10:15am, 11:15am, & 12:15 pm**

*THANK YOU to these community members for their donations:*

- Cuyamaca College, Grossmont College, San Diego Cal-SOAP, United States Army, and Walmart Grossmont Center

Workshops I plan to attend

|          |                        |                        |
|----------|------------------------|------------------------|
| 10:15 am | 1 <sup>st</sup> choice | 2 <sup>nd</sup> choice |
| 11:15 am | 1 <sup>st</sup> choice | 2 <sup>nd</sup> choice |
| 12:15pm  | 1 <sup>st</sup> choice | 2 <sup>nd</sup> choice |

Representatives I plan to visit at the fair

|  |  |  |
|--|--|--|
|  |  |  |
|  |  |  |

**California College Fair Participants**

|                                     |   |   |
|-------------------------------------|---|---|
| Academy of Art University           | Azusa Pacific University                | Cal Poly Pomona                         |
| California Baptist University       | California Lutheran University          | Chapman University                      |
| Cal Maritime University             | Art Institute of CA-San Diego           | Brandman University                     |
| Concordia University Irvine         | CSU Chico                               | CSU Sacramento                          |
| Cuyamaca College                    | Grossmont College                       | Dominican University of CA              |
| CSU San Marcos                      | Humboldt State University               | John Paul the Great Catholic University |
| Los Angeles School of Music         | Mount St. Mary's University-Los Angeles | McMillan Law Academy                    |
| Marymount California University     | Point Loma Nazarene University          | San Diego Christian College             |
| San Diego State University          | SDSU EOP                                | Sonoma State University                 |
| University of California (Berkeley) | UC Irvine                               | UC Los Angeles                          |
| UC Merced                           | UC Riverside                            | UC San Diego                            |
| UC Santa Barbara                    | UC Santa Cruz                           | Union Institute and University          |
| University of La Verne              | University of San Diego                 | University of San Francisco             |
| University of Southern California   | Westmont College                        | Woodbury University                     |
| University of La Verne              | Vanguard University of Southern CA      | National University                     |
| U.S.Coast Guard Academy             | Soka University                         | San Francisco Art Institute             |

**College & Career Fair Participants**

**OUT OF STATE UNIVERSITIES**

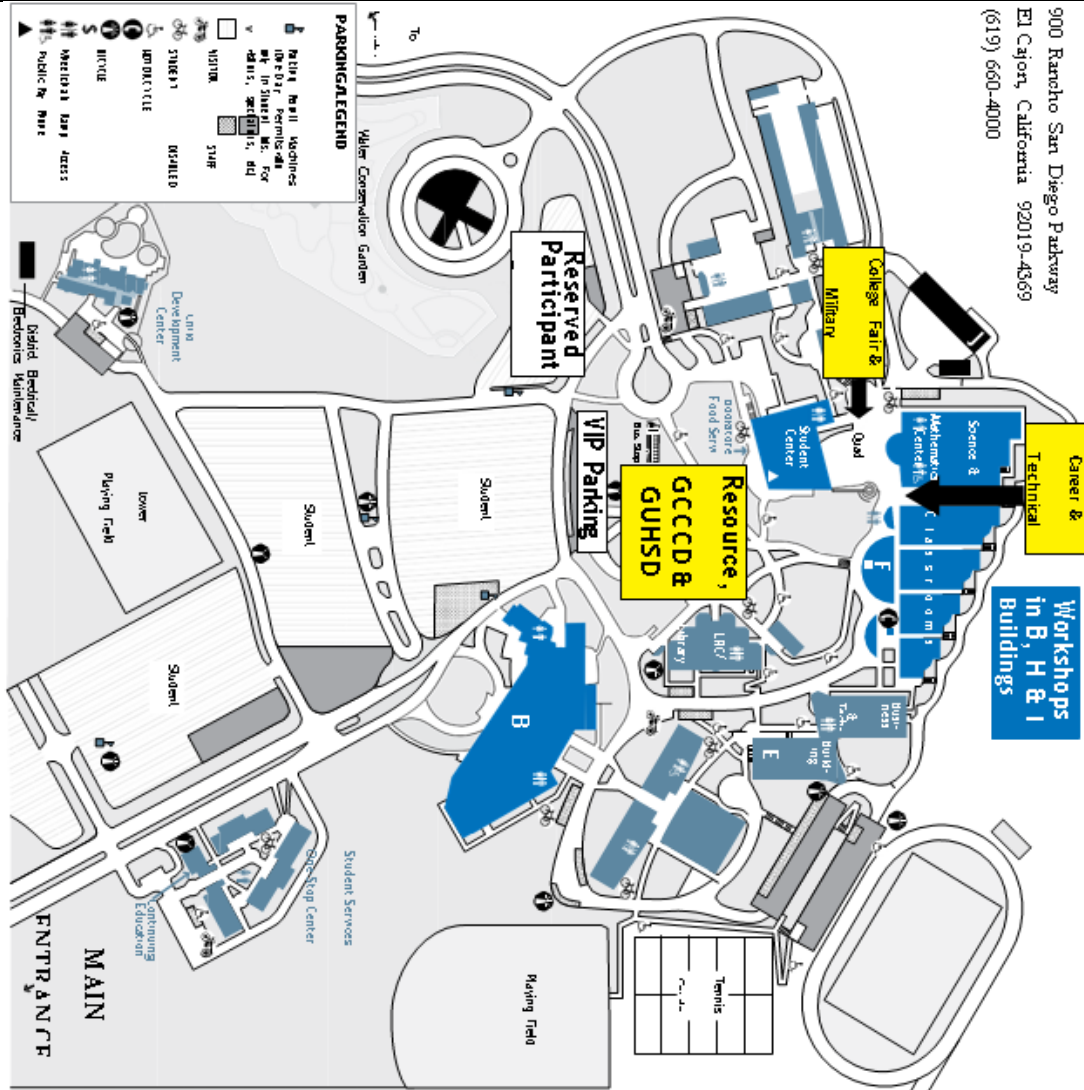
|   |                                   |                               |
|---|-----------------------------------|-------------------------------|
| Arizona State University                                    | Arcadia University                | Colorado Mesa University      |
| Colorado State University                                   | Cottey College                    | Cety's Universidad (Mexico)   |
| Northern Arizona University                                 | Grand Canyon University           | Hawaii Pacific University     |
| Michigan State University                                   | Montana State University          | Princeton University          |
| Prescott College  | Texas Christian University        | The University of Alabama     |
| Massachusetts College of Pharmacy and Health Science Boston | University of Albany (SUNY)       |                               |
| University of Alabama at Birmingham                         | Union Institute & University      | Oklahoma State University     |
| Western Oregon University                                   | University of Alaska Fairbanks    | University of Arizona         |
| University of Arkansas                                      | Maryville University of St. Louis | University of Hawaii at Manoa |
| University of Massachusetts Lowell                          | University of Nevada Reno         | University of New Mexico      |
| Sierra Nevada College, Lake Tahoe                           | US Coast Guard Academy            | US Naval Academy              |

**CAREER & TECHNICAL**

|                                |   |   |
|--------------------------------|---|---|
| California Hair Design Academy | FIDM  | Sheet Metal Workers International Assoc.              |
| Summit College                 | Health Occupations Center-GUHSD                       | Universal Technical Institute                         |
| Cuyamaca College CTE Programs  | Grossmont College CTE Programs                        | Advanced Training                                     |
| Brick Masons Apprenticeship    | Fast Track Medical Training Center                    | Helix Electric  |
| San Diego Electrical Training  | San Diego Culinary School                             | Southern CA Laborers' Environmental Workers Local 300 |
| US Border Patrol               | San Diego County Building/Construction Trades Council |   |

**RESOURCES**

|  |   |  |
|--|---|--|
| US Army, US Marines, US Coast Guard, US Navy, US Air Force | Chaldean Middle Eastern Social Services | East County Career Center                    |
| The Princeton Review                                       | San Ysidro Health Center                | UCSD TRiO Talent Search College Prep Program |
| State Senator Joel Anderson's Office                       | CAL FIRE                                | San Diego Sheriff's Department               |



# Got Plans? 2016 Workshops

## Got Plans? - Programa 2016

### الورشات الثقافية لمعرض هل لديكم خطط؟ عام 2016

| WORKSHOP TALLER<br>الورشات الثقافية | PRESENTER EXPOSITOR<br>مقدم المحاضرة                   | DESCRIPTION TEMA<br>موضوع المحاضرة                                    | BUILDING/ROOM EDIFICIO/SALÓN<br>البنائية و رقم الغرفة   | BUILDING/ROOM EDIFICIO/SALÓN<br>البنائية و رقم الغرفة | BUILDING/ROOM EDIFICIO/SALÓN<br>البنائية و رقم الغرفة |                         |
|-------------------------------------|--|---|---|---|---|-------------------------|
| 4-Year College Workshops            |  |   | 10:15 am  | 11:15 am  | 12:15 pm  |                         |
| 1                                   | <b>UC Admissions</b>                                   | Caitlin Veneklasen, International Admissions Officer UCSD             | An overview of the nine (9) UC campuses including admissions requirements, the online application, financial aid, study abroad, and research opportunities. | B-117 (Large Theater)                                 | B-117 (Large Theater)                                 |                         |
| 2                                   | <b>CSU Admissions</b>                                  | Shawn Harvey, Admissions Counselor SDSU                               | Learn about CSU's system of 23 universities, admissions requirements, application procedures, and how to avoid common mistakes.                             |   | B-101 (Digital Theater)                               | B-101 (Digital Theater) |
| 3                                   | <b>Out-of-State Schools</b>                            | Doughty, Linda, Director of Cal-SOAP                                  | Learn about opportunities available by attending a school outside of California, including admissions, tuition, and financial aid information.              |   | H-113   | H-113                   |
| 4                                   | <b>NCAA Recruiting</b>                                 | Tom Fordham, Academic Advisor GHS                                     | This workshop will walk parents and college-bound athletes through the NCAA recruiting and clearinghouse process.   |   | I-207 (Student Center)                                | I-207 (Student Center)  |
| 5                                   | <b>A, B, C's of College Admissions</b>                 | Stephanie Picon, Counselor ECHS<br>Matthew Udvarhelyi, Counselor SCHS | What to do to prepare for college admissions during the EARLY (9 <sup>th</sup> & 10 <sup>th</sup> ) high school years.                                      | B-101 (Digital Theater)                               |   | I-209 (Student Center)  |
| 6                                   | <b>College Essay Tips</b>                              | Christine Bisera-Morales, English Teacher Grossmont Middle College HS | Tips on how to write the college essay by making it exciting and personal.  | I-207 (Student Center)                                |   |                         |
| 7                                   | <b>SAT/ACT Updates</b>                                 | Karla Whitaker, Academic Coordinator, Cal-SOAP                        | How to maximize scores on college admissions tests. Which test should you take? Learn about the <i>new SAT</i> .  | I-209 (Student Center)                                | I-209 (Student Center)                                |                         |
| 8                                   | <b>Resiliency During Your Freshman Year in College</b> | Isela Medina, UCSD Trio Talent Search                                 | Develop your plan to transition from senior year in high school to a college freshman like a champ  | H-118   |   |                         |

| 2-Year College Workshops |   |  |  | 10:15 am                     | 11:15 am                  | 12:15 pm                     |
|--------------------------|---|--|--|------------------------------|---------------------------|------------------------------|
| 9                        | <b>Transfer Options (English)</b>   | Donna Hajj<br>Counselor<br>Cuyamaca College  | Learn about transfer options for students that start at a community college.   | H-127                        | H-127                     |                              |
| 10                       | <b>Transfer Options (Spanish)</b>   | Claudia Cuz-Flores,<br>EOPS Counselor/<br>CAFYES<br>Coordinator<br>Cuyamaca College                                      | Conozca las opciones de transferencia que tienen los alumnos de universidades comunitarias.                                  |                              |                           | H-133                        |
| 11                       | <b>Transfer Options (Arabic)</b><br>برنامج الانتقال<br>(باللغة العربية)   | Sandy Sada,<br>Counselor<br>Cuyamaca College<br>ساندي سادة - مرشدة<br>توجيهية في كلية كوياماكا                           | تعرفوا على خيارات برنامج الانتقال الى الجامعات التي مدتها 4 سنوات المتاحة الى الطلبة الذين يبدأون الدراسة في الكليات المحلية | H-134                        |                           |                              |
| 12                       | <b>Steps to Apply to Grossmont or Cuyamaca College</b>                    | Heriberto Vasquez,<br>Outreach<br>Coordinator<br>Grossmont College<br><br>Cuyamaca College<br>Ambassadors                | Learn about the Grossmont-Cuyamaca Community College application and enrollment process.                                     |                              | H-128                     | H-128                        |
| Financial Aid Workshops  |   |  |  | 10:15 am                     | 11:15 am                  | 12:15 pm                     |
| 13                       | <b>Financial Aid (English)</b>  | Ray Reyes<br>Financial Aid &<br>Scholarship<br>Director Cuyamaca<br>College  | Learn about the many financial aid alternatives available to pay for a higher education.                                     | I-208<br>(Student<br>Center) | I-208<br>(Student Center) | I-208<br>(Student<br>Center) |
| 14                       | <b>Ayuda Económica (español)</b>  | Martha Galvan<br>Financial Aid<br>Advisor<br>Cuyamaca College  | Conozca las diferentes alternativas para obtener ayuda económica para pagar estudios profesionales.                          |                              | H-133                     |                              |
| 15                       | <b>Financial Aid (Arabic)</b><br>المساعدات<br>المالية<br>(باللغة العربية) | Luma Shamon<br>Financial Aid Advisor<br>Grossmont College<br>لمى شمعون - مستشارة<br>المساعدات المالية<br>في كلية كروسمنت | تعرفوا على الخيارات العديدة المتعلقة بالمساعدات المالية المتاحة لمساعدتكم في دفع تكاليف تعليمكم العالي في الكليات و الجامعات |                              | H-134                     |                              |
| 16                       | <b>Creating a Scholarship Portfolio</b>                                   | Jorge Hernandez &<br>Isela Medina,<br>UCSD Trio Talent<br>Search   | Learn the steps to create a successful scholarship portfolio that can bring you college money now!                           |                              | H-114                     | H-114                        |
| Career Workshops         |   |  |  | 10:15 am                     | 11:15 am                  | 12:15 pm                     |
| 17                       | <b>CTE Career Panel: Get that High Skill, High Paying Job</b>             | Cindy Morrin,<br>Associate Professor<br>of Counseling<br>Career Services<br>Cuyamaca College                             | Meet with Cuyamaca Alumni in current CTE Careers   |                              | H-118                     |                              |